

OneTouch™ Diabetes Management Software v2.1



Quick Reference Guide

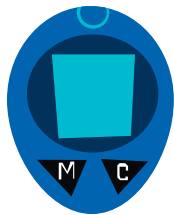
Look inside for step-by-step instructions on how to:

- » Download from a OneTouch® meter
- » View and share any of the 11 available reports
- » Add important information to a patient record
- » Add or edit information related to a glucose reading

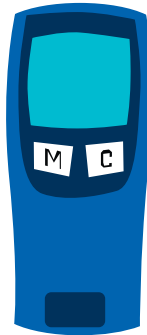
For a complete description of program functions, please consult the Program Help or User Manual (available on the web site www.LifeScan.com).

ONETOUCH®
OneTouch® **changes everything.™**

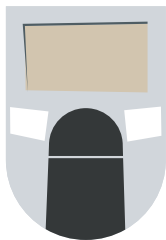
OneTouch™ Software is compatible with the entire family of OneTouch® Meters.



OneTouch® Ultra™
OneTouch® FastTake®
SmartScan™
EuroFlash®
PocketScan®



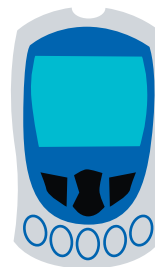
InDuo®




OneTouch® Basic™
OneTouch® Basic™ Plus
OneTouch® II
OneTouch® Profile®



OneTouch® SureStep®
OneTouch® SureStep® Plus
OneTouch® GlucoTouch®
OneTouch® GlucoTouch® Plus



OneTouch® UltraSmart™



OneTouch™ Software has 11 in-depth reports that help patients and healthcare professionals better track and manage diabetes.

- » Review glucose results and the important factors that affect them, with out-of-range readings highlighted.

Logbook

- » Identify patterns in glucose readings by time of day.

Standard Day

- » Rank a list of patients by key factors to flag those who need closer management. (This report is intended for clinical use.)

Exception

- » View a snapshot of key reports for a given time range.


Summary

- » Sort a patient's data in multiple ways.

Data List

- » Examine a patient's insulin and carbohydrate intakes and their impact on glucose levels.

Insulin



OneTouch™ Software has 11 in-depth reports that help patients and healthcare professionals better track and manage diabetes (continued).

- » Display the percentage of pre-meal and post-meal glucose readings that fall in-range or out-of-range.

Pie Chart

- » View important health-related factors such as blood pressure, weight, doctors visits, and HbA_{1c}.

Health Checks

- » Examine the distribution of a patient's glucose readings, including break-out by meals.

Histogram

- » Track glucose readings over time.

Glucose Trend

- » See how glucose readings are impacted by meals, exercise, and day of the week.

Average Reading



Download from a OneTouch[®] Meter

OneTouch[™] Software makes it easy to download a meter.

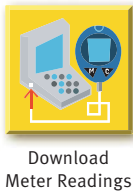
Step 1

Double-click on the desktop icon to open the Software.



Step 2

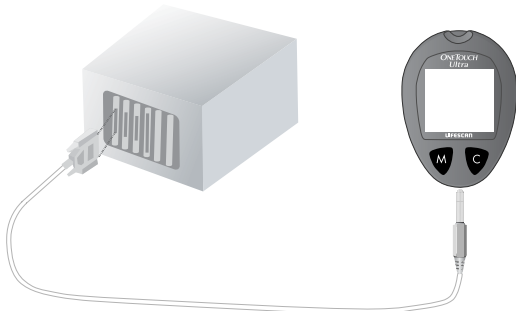
Click on the Download Meter Reading icon (found on the home page).



Step 3

Connect the meter to the computer.

- » Plug the OneTouch[™] Interface Cable into the COM or USB port of the computer.
- » Plug the other end of the OneTouch[™] Interface Cable into your meter.
- » If you are using the OneTouch[®] *FastTake*[®], *PocketScan*[®], *EuroFlash*[®], or *SmartScan*[™] meters, you must also plug in the cable adapter.

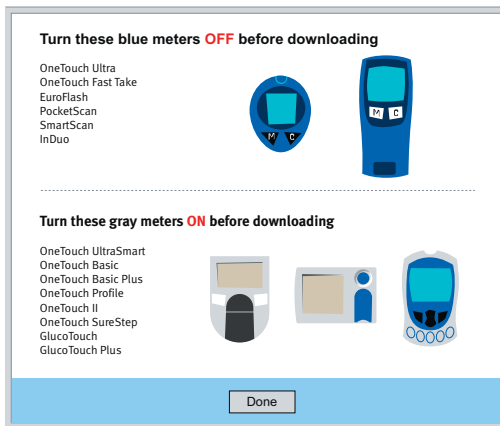


Download from a OneTouch[®] Meter (continued)

Step 4

After connecting your meter, you must turn it on or off.

- » If your meter is blue in color, turn it **OFF** before downloading.
- » If your meter is gray or silver in color, turn it **ON** before downloading.



Step 5

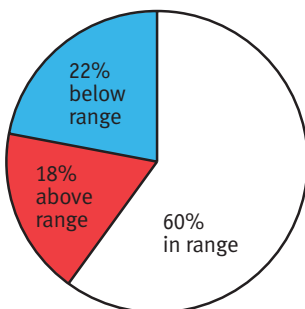
Click on the Download Meter Readings button.

Download Meter Readings

Step 6

Your favorite report will automatically open.

- » You can customize your favorite report by selecting Preferences/Report Options from the menu bar.





View and share reports

You can view and share reports with just a few clicks.

Step 1

Double-click on the desktop icon to open the Software.



OneTouch
Software

Step 2

Click on the View Reports icon (found on the home page).



View
Reports

Step 3

Click on the report you would like to view.

Press the red button with the name of the report you'd like to see.

Logbook

Step 4

Share the report with your healthcare professional or patient.

Click on the print, e-mail, or fax icon in the tool bar, and follow the directions.





Add information to a patient record

OneTouch™ Software makes it easy to customize information about your diabetes.

- » General information
- » Schedules
- » Medications
- » Insulin regimens
- » Complications to a patient record

Step 1

Double-click on the desktop icon to open the Software.



OneTouch
Software

Step 2

Click on the Set-Up icon (found on the home page).



Set-Up

Step 3

Click on the Patient Set-Up icon (found on the Software Set-Up page).



Patient Setup

Add information to a patient record (continued)

Step 4

Choose the correct patient. Use the drop-down menu on the top right of the screen.

Patient ▼

Step 5

Use the blue tabs to add relevant information.

The screenshot shows a patient record form with several tabs: General, Schedule, Medications, Regimen, Complications, and Find a Patient. The 'Complications' tab is selected. The form contains the following fields and options:

- General Information:
 - First Name:
 - Last Name:
 - Middle Name:
 - Date of Birth: ▼
 - Gender: ▼
 - ID Number:
 - Doctor:
 - Diabetes Educator:
 - Insurance:
- Diabetes Settings:
 - Diabetes Type: ▼
 - Use Diabetes Type Targets [View/edit targets](#) [Tell me more](#)
 - Use Personal Settings
 - Before Meal: -
 - After Meal: -
 - Hypo: mg/dL (Plasma)
 - Overall Range: 90 - 140
 -

At the bottom of the form, there are four buttons: Delete, Cancel, Add New Patient, and Done.

Step 6

Click Done to save changes (lower right-hand side of page).



Add or edit information related to a glucose reading

OneTouch™ Software lets you add comments to a glucose reading, or change the meal slot it relates to.

Step 1

Double-click on the desktop icon to open the Software.



OneTouch
Software

Step 2

Click on the View Reports icon (found on the home page).



View
Reports

Step 3

Click on the red Logbook button (found on the Choose Your Report page).

A red, rounded rectangular button with a yellow border and a drop shadow, containing the text 'Logbook' in white.

Logbook

Step 4

Click on the reading you would like to change (in the report).

| |
|-----|
| 122 |
| 175 |
| |

Add or edit information related to a glucose reading (continued)

Step 5

Change the appropriate data in the blue chart.

Use the tabs to move from section to section.

Glucose Insulin Oral Meds Exercise Food Go to Health Records

Date: 07/16/2002
Time: 06:55 AM
Slot: Before Breakfast
Type: Finger Tip
Glucose: 112 Or: HIGH mg/dL Plasma Whole Blood

Glucose Comments

| | | |
|--|--------------------------------------|------------------------------------|
| <input type="checkbox"/> Illness | <input type="checkbox"/> Menses | <input type="checkbox"/> Vacation |
| <input checked="" type="checkbox"/> Exercise | <input type="checkbox"/> Food | <input type="checkbox"/> Stress |
| <input type="radio"/> Before | <input type="radio"/> Different Food | <input type="checkbox"/> Feel Hypo |
| <input type="radio"/> During | <input type="radio"/> Fasting | <input type="checkbox"/> Other |
| <input checked="" type="radio"/> After | | |

Comments:

Omit Cancel Add New Record Done

Step 6

Click Done to save the changes (lower right-hand side of page).





Troubleshooting

If you experience problems with OneTouch™ Diabetes Management Software, please refer to **Appendix C: Troubleshooting** in the Program User Manual. The manual can be found at www.lifescan.com.

Alternatively, you can call your regional LifeScan office for technical support:

| Country | e-mail address | Phone Number |
|---------------|--|---|
| Canada | CustomerService@LifeScanCanada.com | 1-800-663-5521 |
| UK & Ireland | CustomerCare@LifeScan.co.uk | 0800 121 200 (UK) 1800 535 676 (Ireland) |
| United States | CustomerService@LifeScan.com | 1-800-382-7226 |

For all other countries, contact your local LifeScan Office for the Technical Support telephone number in your area. Or visit the *Around the World* section of the LifeScan Web site at www.LifeScan.com.

Use in Partnership with Your Healthcare Professional

OneTouch™ Diabetes Management Software is designed to help individuals and healthcare professionals track, review, and monitor key data related to their diabetes. OneTouch™ Software is not intended to provide medical advice. If you have diabetes, consult with your healthcare professional before making any changes to your lifestyle, medication, diet, or exercise program.