

# ONETOUCH®

## Diabetes Management Software v2.3

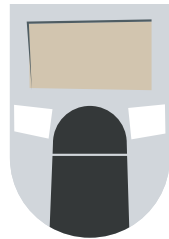


## Quick Reference Guide

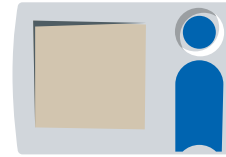
Look inside for step-by-step instructions on how to:

- » Transfer readings from your OneTouch® Meter
- » View and share any of the 11 available reports
- » Add information to a patient record
- » Add or edit information related to a glucose reading

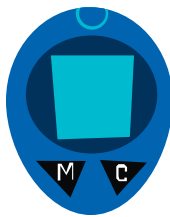
# OneTouch® Diabetes Management Software (DMS) v2.3 works with the entire family of OneTouch® Meters.



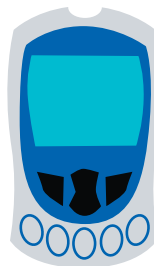
OneTouch® Basic®  
OneTouch® Basic® *Plus*  
OneTouch® II  
OneTouch® Profile®



OneTouch® SureStep®  
OneTouch® SureStep® *Plus*  
OneTouch® GlucoTouch®  
OneTouch® GlucoTouch® *Plus*



OneTouch® Ultra®  
OneTouch® Ultra®2  
OneTouch® *FastTake*®  
OneTouch® *SmartScan*™  
OneTouch® *EuroFlash*®  
OneTouch® *PocketScan*®




OneTouch® UltraSmart™



InDuo®

If you don't see your meter listed, refer to the Owner's Booklet for that meter to check if it is supported by this version of OneTouch® DMS.



## OneTouch® DMS v2.3 has 11 reports to manage the information that can help you improve your glycemic control.

- » Track glucose levels along with health-related data that can impact readings. This report lets you easily spot trends relative to a particular meal slot.

**Logbook**

- » Identify patterns in glucose readings by time of day.

**Standard Day**

- » Rank patients by key measures to flag those who need closer management.

**Exception**

- » View a summary of key reports (Logbook Report, Pie Chart Report, and Glucose Trend Report) for a given 14-day date range.


**Summary**

- » View all data in the software database (glucose, medications, food, exercise) in sequential format.

**Data List**

- » Analyze the relationship between glucose readings, insulin dosing, and carb intake.

**Insulin**



## OneTouch® DMS v2.3 has 11 reports to manage the information that can help you improve your glycemic control (continued).

- » Display the percentage of glucose readings that fall above, below and within target range for each meal slot.

### Pie Chart

- » Easily monitor how other health factors (blood pressure, weight, doctor visits, and HbA1c) are impacted by diabetes.

### Health Checks

- » Track changes in glucose readings from day to day.

### Glucose Trend

- » Identify before and after meal patterns across a distribution of glucose ranges.

### Histogram

- » Monitor how glucose readings are impacted by meals, exercise, and daily activities.

### Average Reading



## Get your OneTouch® Meter ready to transfer readings.

» To begin data transfer, the meter you are connecting may need to be turned **ON** or **OFF** depending on the meter type. Find your meter on one of the lists below and follow the **ON** or **OFF** instructions.

» These meters should be turned **OFF** before downloading:

- OneTouch® *FastTake*® Meter
- OneTouch® *PocketScan*® Meter
- OneTouch® *EuroFlash*® Meter
- OneTouch® *SmartScan*™ Meter
- OneTouch® *Ultra*® Meter
- OneTouch® *Ultra*®2 Meter
- *InDuo*® Meter

» These meters should be turned **ON** before downloading:

- OneTouch® *Basic*® Meter
- OneTouch® *Basic*® *Plus* Meter
- OneTouch® *Profile*® Meter
- One Touch® *II* Meter
- OneTouch® *SureStep*® Meter
- OneTouch® *SureStep*® *Plus* Meter
- OneTouch® *GlucoTouch*® Meter
- OneTouch® *GlucoTouch*® *Plus* Meter
- OneTouch® *UltraSmart*™ Meter

If you don't see your meter listed, refer to the Owner's Booklet for that meter for instructions on whether to turn the device **ON** or **OFF** before communicating.

**Note:** Meters that need to be turned **ON** for data transfers may turn off if there is a delay in connecting the meter. If this happens, just turn the meter back **ON**.



# Transfer OneTouch<sup>®</sup> Meter readings for viewing.

OneTouch<sup>®</sup> DMS makes it easy to transfer OneTouch<sup>®</sup> Meter readings for viewing.

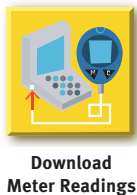
## Step 1

Double-click on the desktop icon to open the Software.



## Step 2

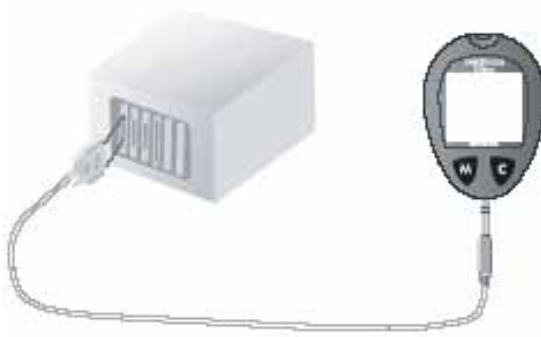
Click on the **Download Meter Readings** icon on the Home Screen.




## Step 3

Connect the meter to the PC.

- » Plug the OneTouch<sup>™</sup> Interface Cable into the COM or USB port on your PC.
- » Plug the other end of the OneTouch<sup>™</sup> Interface Cable into your meter.
- » If you are using the OneTouch<sup>®</sup> *FastTake<sup>®</sup>*/*PocketScan<sup>®</sup>*/*EuroFlash<sup>®</sup>*/*SmartScan<sup>®</sup>* Meter, you must plug the OneTouch<sup>™</sup> Interface Cable into the meter adapter. Then insert the adapter strip into the meter test strip port.





# Transfer OneTouch<sup>®</sup> Meter readings for viewing (continued).

## Step 4

To begin data transfer, make sure the meter you are connecting is turned **ON** or **OFF**, depending on the meter type. See *Get your OneTouch<sup>®</sup> Meter ready to transfer readings*.

## Step 5

Click on the **Download Meter Readings** button.

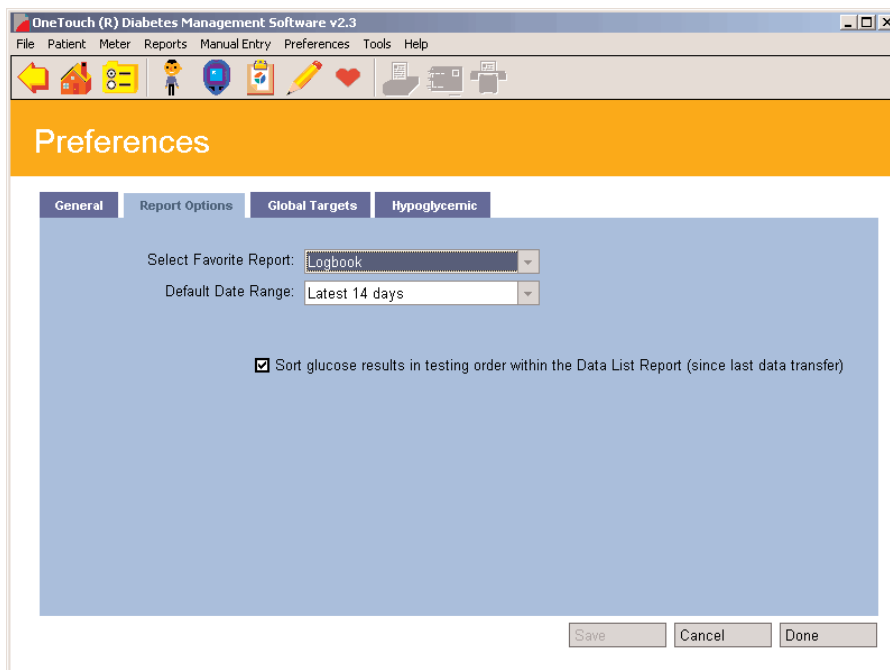


Download Meter Readings

## Step 6

Your Favorite Report will automatically open.

- » Customize your Favorite Report by selecting Preferences/Report Options from the Menu bar.





# View and share reports.

View and share reports with just a few clicks.

## Step 1

Double-click on the desktop icon to open the Software.



## Step 2

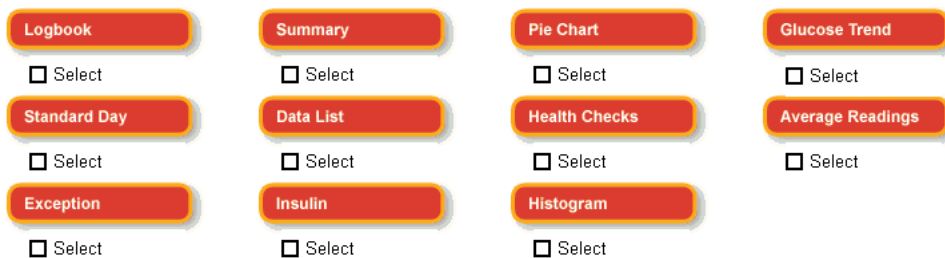
Click on the **View Reports** icon on the Home Screen.



View Reports

## Step 3

Click on the report you would like to view.



## Step 4

Share the report with another person.

Click on the **print**, **e-mail**, or **fax** icon in the tool bar, and follow the directions.





# Add information to a patient record.

Customize your personal diabetes profile.

- » General information
- » Schedules
- » Medications
- » Insulin regimens
- » Complications

## Step 1

Double-click on the desktop icon to open the Software.



## Step 2


Click on the **Set-Up** icon on the Home Screen.



## Step 3

Click on the **Patient Setup** icon on the Setup Screen.





## Add information to a patient record (continued).

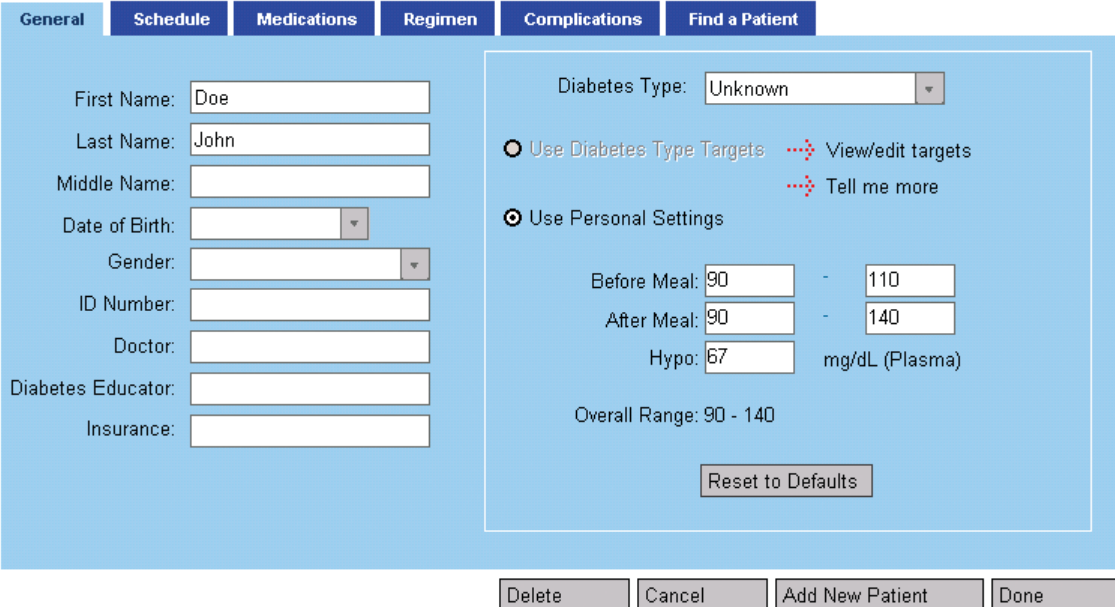
### Step 4

Choose the correct name from the drop-down menu.

**Patient**  ▼

### Step 5

Use the blue tabs to add relevant information.



**General** | **Schedule** | **Medications** | **Regimen** | **Complications** | **Find a Patient**

First Name:   
Last Name:   
Middle Name:   
Date of Birth:  ▼  
Gender:  ▼  
ID Number:   
Doctor:   
Diabetes Educator:   
Insurance:

Diabetes Type:  ▼

Use Diabetes Type Targets [View/edit targets](#)  
[Tell me more](#)


Use Personal Settings

Before Meal:  -   
After Meal:  -   
Hypo:  mg/dL (Plasma)

Overall Range: 90 - 140

### Step 6

Click on the **Done** button to save changes.



Add or edit information related to glucose readings.

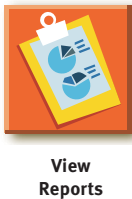
## Step 1

Double-click on the desktop icon to open the Software.



## Step 2

Click on the **View Reports** icon on the Home Screen.



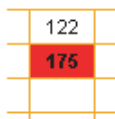
## Step 3

Click on the **Logbook** button on Choose Your Report.




## Step 4

Click on the report reading you would like to change.

A grid representing a report reading. The grid has four rows and two columns. The top row contains the number "122". The second row contains the number "175", which is highlighted with a red background. The bottom two rows are empty.

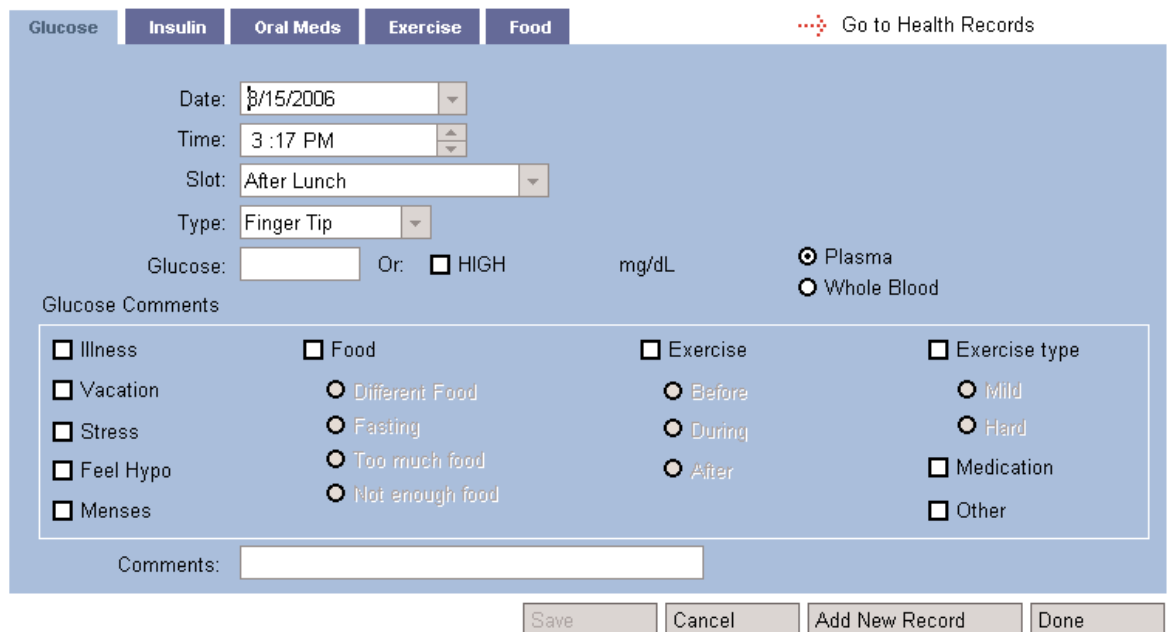
122	
175	



## Add or edit information related to glucose readings (continued).

### Step 5

Add or edit data as needed in the blue charts.  
Use the tabs to move from section to section.



Glucose Insulin Oral Meds Exercise Food [Go to Health Records](#)

Date: 3/15/2006  
Time: 3:17 PM  
Slot: After Lunch  
Type: Finger Tip

Glucose:  Or:  HIGH mg/dL  Plasma  Whole Blood

Glucose Comments

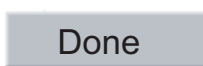
<input type="checkbox"/> Illness	<input type="checkbox"/> Food	<input type="checkbox"/> Exercise	<input type="checkbox"/> Exercise type
<input type="checkbox"/> Vacation	<input type="radio"/> Different Food	<input type="radio"/> Before	<input type="radio"/> Mild
<input type="checkbox"/> Stress	<input type="radio"/> Fasting	<input type="radio"/> During	<input type="radio"/> Hard
<input type="checkbox"/> Feel Hypo	<input type="radio"/> Too much food	<input type="radio"/> After	<input type="checkbox"/> Medication
<input type="checkbox"/> Menses	<input type="radio"/> Not enough food		<input type="checkbox"/> Other

Comments:

Save Cancel Add New Record Done

### Step 6

Click the **Done** button to save the changes.





## General Troubleshooting.

If you have difficulty using OneTouch® DMS please consult the appropriate section of the user manual and help file. If that does not resolve the problem, please call or email LifeScan for OneTouch® DMS technical support.

» België:	service@lifescanbenelux.com	0800-15325
» Belgique:	service@lifescanbenelux.com	0800-14660
» Canada:	CustomerService@LifeScanCanada.com Servicealaclientele@LifeScanCanada.com	1 800 663-5521
» Deutschland:	service@lifescan.de	0800-72 55 007
» España:	info@lifescan.es	900 100 228
» France:	info@LifeScanFrance.com	0800 459 459
» Grand-Duché de Luxembourg:	service@lifescanbenelux.com	0800-25749
» Ireland:	technicalsupport@lifescan.co.uk	1800 535676
» Nederland:	service@lifescanbenelux.com	0800-0222445
» Österreich:	kundenservice@lifescan.at	0800 244 245
» Schweiz/ Suisse/ Svizzera:	info@LifeScan.ch	0800-850 905
» United Kingdom:	technicalsupport@lifescan.co.uk	0800 028 0616
» United States:	CustomerService@LifeScan.com	1 800 382-7226

**For all other countries:** contact your local LifeScan Office or visit the Around the World section of the LifeScan website at [www.lifescan.com](http://www.lifescan.com) for the Technical Support telephone number in your area.

## Use in Partnership with Your Healthcare Professional.

OneTouch® DMS is designed to help individuals and healthcare professionals track, review, and monitor key data related to managing diabetes. OneTouch® DMS is not intended to provide medical advice. If you have diabetes, consult with your healthcare professional before making any changes to your lifestyle, medication, diet, or exercise program.